2017 Denver Broncos All Stars Parent Information

The Junior Denver Broncos Cheerleaders
Sports Authority Field at Mile High
1701 Bryant Street, Suite #700
Denver, CO 80204
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Practice Information

The Denver Broncos All Stars program is a performance-based program that strives for excellence. This will require a tremendous amount of commitment including attendance at practices, Broncos games, community performances and the ability to work together as a team.

Denver Broncos All Stars members will participate in weekly practices, 2 times per week from June through February. Practices will focus on technique and choreography for performances. All teams will meet on Tuesdays and Thursdays from 5:00 p.m. to 6:30 p.m. at the stadium or UCHealth Training Facility. Each team will be given one practice off per month, off practice dates will be determined as needed. Missing practices may result in your daughter not being able to perform. Please see attendance rules below.

The team will have a current or alumni Denver Broncos Cheerleader as their instructor for all of the 2017 season. Instructors for the All Stars program not only have experience as a Denver Broncos Cheerleader but also have years of experience teaching dance.

Attendance Requirements: Each All Star will receive 10 total absences for the season. All Stars may not miss practice the Thursday before a Broncos game or the practice before a “BIG” performance. A tardy is when your All Star is more than 15 minutes late to practice. 3 tardies equal an absence. If your daughter misses a practice for any reason, it is her responsibility to get with another teammate or watch the routine video links to learn any missed material. The coach will not re-teach what she missed.

In case of a snow storm or inclement weather conditions, we base all canceled practices on the DPS school closures. The director will notify you through email by noon if practice is canceled. This cancelation would take the place of the one off practice that month. If you feel it is unsafe to drive your daughter to practice, you may use one of your absences and stay home. Please do not call Lauren, your coach, or team mom multiple times through the day of a snow storm. We will contact you if practice is canceled. If you do not hear from us, please plan on practice as usual!

Attire: All Stars members are required to wear their designated Tuesday and Thursday All Stars practice uniform – just like the Denver Broncos Cheerleaders! They are also always required to bring their jazz shoes, tennis shoes (for a team run or work out), practice poms, and a water bottle. Hair needs to be back in a pony tail, no jewelry and no gum. Please make sure your daughter comes dressed appropriately to practices. Boots are required for any practices on the field.
Team placement will be decided during the evaluation process. Although most team placement decisions are based off of your daughter’s age, we will also consider moving girls up who show excellent dance technique, choreography, memory, facial expression and a positive attitude.

Here is a list of recommended skills for the evaluation:
- Pirouettes (double turns preferred)
- Splits (right, left & center)
- Kicks and Tilts
- Leg Holds, Leg Extensions, Bow & Arrow, or Scorpion
- Right, Left & Center Leaps
- Switch Leap
- Fouette Turns/Tours/Turns in Second
- Hip Hop Kip Up & Head Spring

The evaluation is meant to see where you are at with each of these skills, you do NOT need to have all of these mastered for the evaluation and to become an All Stars Cheerleader.

**2017 Evaluation**

The Evaluation Workshop will take place on Tuesday, April 4th and the Final Evaluation will take place on Tuesday, April 11th. Please try to be available for both dates! We will offer a Parent Information Meeting during the workshop on Tuesday, April 4th.

The New Member Welcome Meeting will take place on Tuesday, April 25th. This should give families enough time to review the practice and financial commitment before confirming their daughter’s place on the All Stars team.

**Performances**

The Denver Broncos All Stars will represent the Denver Broncos and the Denver Broncos Cheerleaders around the state of Colorado at several charitable and community events. In 2016, the All Stars performed at over 20 events, including the 9 News Parade of Lights, Ronald McDonald House/KOSI 101 Radiothon, Race for the Cure, the Dare to Play Game hosted by Ed McCaffrey and the Global Down Syndrome Foundation, Light the Night Leukemia Walk, Jodi’s Race and more! This is the most important aspect of our All Stars program, which teaches these young ladies about giving back to our community, and most events are optional when time permits.

The Denver Broncos All Stars will link with our Junior Denver Broncos Cheerleaders (JDBC) program for performances and at clinics. All Stars will participate in three to four Broncos games during the 2017 season. Dates are to be determined. All Stars who are 12 years old and up also have the unique opportunity to become an assistant to a Broncos Cheerleader during JDBC clinics.

In addition to the Broncos game performances, All Stars will be given the opportunity to perform at 3 other sporting events (such as Rockies, Outlaws and Denver University) and will have 1-2 community or charity performance opportunities per month.
All Stars members will be individually fitted for all uniform pieces during the first team welcome meeting. Everyone will need to purchase uniforms, practice wear, warm ups, poms and shoes. Our main “performance” uniform is on a two year rotation, so for 2017 it will be changing to a new style! Please see the photo on the right for an idea of the design!

All uniform pieces purchased through the program are for All Stars events only. If you would like to wear it at any other public event not associated with All Stars, you must call the director to get approval in advance. Wearing your uniform to school for “Broncos Day,” etc. is fine as long as it adheres to you school’s dress code policy.

Please make sure to label all uniform and apparel items with your All Star’s name. You and your All Star are responsible for all uniform items at practices, competitions and performances. If they are lost, you must pay to have them replaced. Always keep any items you are not using in a bag marked with your All Star’s name.

**Fundraisers**

To help offset expenses we will offer a few fundraisers during the season. However, you should not depend on fundraisers to pay for your expenses.
Financial Responsibilities & Obligations

Before you consider joining the Denver Broncos All Stars, please carefully consider both the time and financial commitments. Below is an estimated list of program financial responsibilities and obligations.

**Uniforms**

All dancers are required to have their own uniforms. Uniform pieces are non-refundable. The “Performance” uniform is the All Stars main uniform that will be worn at Broncos games and community appearances. Similar to our JDBC program, this uniform is on a two year rotation, so new uniforms will need to be purchased for all members in Spring 2017. The fee for that includes the dress, briefs, and bow. Half of the uniform fee is due May 1st and the remaining balance is due by July 1st.

**All prices are approximate:**

✩ REQUIRED UNIFORM PIECES:
- Performance Uniform & Bow - $250
- Performance & Practice Poms - $50
- Bling Cowboy Boots - $60
- Practice Uniform (includes 2 dance pants & 2 practice tops) - $125
- Warm Ups (top and bottom) - $135
- Holiday Costume - $50
- Hip Hop Costume - $120
- Team Tennis Shoe - $75
- Total Uniform Cost for New Members: $865

✩ TUITION:
- Monthly Tuition - $220/month (June – February)
- Total Tuition - $1,980
- Pay in Full Option (10% off) - $1,782

*If teams decide to attend any additional performances in March, we will collect all or a prorated portion of Monthly Tuition during that month.

**Disneyland Performance**

At the end of the season, each All Star will be invited to perform at the Disneyland and California Adventure parks in Anaheim, California. This performance opportunity is optional. It will require an additional fee for the performance, workshop and park tickets. Each family is responsible for their own airfare and hotel expenses.
Parent Guidelines and Correspondence

All parents will be required to sign the parent code of conduct. We are a unique program in which we represent the Denver Broncos organization and it is extremely important that every parent abides by our code of conduct. During practices, parents will be invited to watch only the last 10 minutes. We ask that parents leave the “coaching” to the experts! This will help ensure a positive practice environment and that each All Star remains focused on her instructor. Parents and siblings are NOT allowed to tour the stadium or disrupt the practice environment.

All correspondence should be done by email. It is your responsibility to make sure your email address is updated in our database. You can also email or call the director at any time with questions, comments, or concerns. The director will send weekly reminder emails to cover general announcements, upcoming events and any additional reminders. Please check and respond to your email in a timely matter.

We encourage parents to express concerns by email. The director is often unable to adequately address parent concerns or input during practices. At no time is it appropriate for parents to email or phone coaches about choreography, formations, etc. Again, please leave the coaching to the experts!

All Stars are never allowed to call, text or email their coach. Parents can contact the director with questions, comments or concerns. See contact information on packet cover page.
Payment Information

Payment Options:

✩ Cash
✩ VISA & MasterCard

We will not accept checks.

PAYMENT POLICY AND LATE FEES: Payments are due by the first of each month. You will have a 30 day grace period to complete your payments and then you will be charged a $10.00 late fee if you do not pay on time. All payments will go through our new online system, Zen Planner, which will require each family to create an account for access. Once you have reached two months of unpaid bills (or over $440 past due) your daughter will not be allowed to come to practices, games or community appearances until your total balance is paid. It will be at the discretion of the director and coach to pull your daughter from a performance if she isn’t up to speed due to her absence caused by her non-payment. If payment becomes more than 90 days past due, your daughter will be automatically dropped from the program.

DROPS: The director must receive written notification of intent to terminate the program. No refunds will be given.
Denver Broncos All Stars Rules and Responsibilities

These rules, procedures and responsibilities are intended to ensure the safe and smooth operation of practices and performances for All Stars members. Please read carefully.

Purpose
a. To display commitment, respect, integrity, and enthusiasm as our strongest traits.
b. To represent the All Star team, the Denver Broncos Cheerleaders and the Denver Broncos in an exemplary manner, serving as role models for appropriate behavior.
c. To work as a team in achieving common goals.
d. To develop good sportsmanship, self-confidence, and self-discipline through practice & performance.
e. To have fun!

Attendance Requirements
a. All practices are mandatory. However, All Stars may miss a total of 10 absences for the entire season. If the child misses more than 10 practices, they will be pulled from a performance of the coaches choice. Tardies are given when an All Star is more than 15 minutes late to practice. Three tardies are equivalent to an absence.
b. All Stars are not allowed to miss practice the Thursday before a Broncos game.

Financial Responsibilities
a. Payments which are past due will be charged a $10 late fee. If payment hasn’t been received by the end of the month, the late fee will be applied. Members who become more than 90 days past due will be dropped from the program.
b. There are no refunds for the uniform or tuition.

All-Star Team Rules
a. Arrive at all practices, games and events on time in proper attire with all supplies needed: poms, performance shoes, correct uniform and any additional accessories.
b. Maintain a positive attitude at all times.
c. Be respectful toward the Director, Coach, and fellow team members at all times.
d. Understand that we are all here to learn and grow!
e. Follow directions the first time they are given.
f. The instructor may assign homework. That needs to be completed at home and turned in at the beginning of practice.
g. Wear warm up attire at all events when not in uniform.
h. All verbal & written communication (even on facebook, instagram etc.) must remain respectful and positive between teammates.

Appearance
a. All members are required to wear the designated All Stars practice uniform at each practice as well as dance shoes. Please make sure your daughter comes dressed appropriately to practices.
b. All uniforms will be worn as instructed by the Coach.
c. No jewelry is allowed during any dance team event, performance or practice unless specified by the Director or Coach.
d. All Stars must have their hair pulled back and out of their face during practices.
e. All hair must be worn in the agreed-upon style for performances and appearances.
f. Gum chewing will not be allowed during any dance team event, game or practice.

I hereby accept the rules, regulations, and guidelines involved with participating in Denver Broncos All Stars

__________________________       __________  ___________________________     __________
All Star Signature              Date Parent Signature              Date